

28 Tixocortol-21-Pivalate – Patient Information

Your T.R.U.E. TEST[®] indicates that you have a contact allergy to Tixocortol-21-Pivalate. This contact allergy may cause your skin to react when it is exposed to these substances although it may take several days for the symptoms to appear. Typical symptoms include redness, swelling, itching and fluid-filled blisters.

Tixocortol-21-Pivalate is a widely used topical anti-inflammatory, corticosteroid used in both prescription and non-prescription topical ointments, creams, tablets or injection.

Where is Tixocortol-21-Pivalate found?



At work, you may find Tixocortol-21-Pivalate in or around:

- Medicaments
- Creams, lotions, ointments, and powders



At home, you may find Tixocortol-21-Pivalate in or around:

- Anti-inflammatory agents found in both prescription and non-prescription medications
- Creams, lotions, ointments, and powders for eczema and other local inflammations
- Ear, nose, and eye drops
- Rectal suspensions

How can you avoid Tixocortol-21-Pivalate?

- Check all topical, anti-inflammatory preparations (prescription and over-the-counter) for Tixocortol-21-Pivalate and related corticosteroids. Do not use products that list these substances on the label or package insert. If there is no information, ask your pharmacist.
- Inform your healthcare provider that you are allergic to Tixocortol-21-Pivalate and ask that they use products that are free from this allergen.
- Avoid preparations that contain Tixocortol-21-Pivalate and cross-reacting corticosteroids.
- Avoid nasal sprays that contain Tixocortol-21-Pivalate and related corticosteroids.

What should you look for and avoid?

Avoid products that list any of the following names in the ingredients:

- Tixocortol 21-pivalate
- Tixocortol pivalate
- Tixocortol pivalate
- 11beta,17-Dihydroxy-21-mercaptopregn-4-ene-3,20-dione 21-pivalate
- Pivalone
- Pregn-4-ene-3,20-dione, 21-((2,2-dimethyl-1-oxopropyl)thio)-11,17-dihydroxy-, (11beta)-

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You may also react to products such as:

- Amcinonide
- Budesonide
- Cloprednol
- Desonide
- Fludrocortisone acetate
- Fluocinolone acetonide
- Fluocinonide
- Flurandrenolide
- Halcinonide
- Hydrocortisone
- Hydrocortisone 17-butyrate
- Hydrocortisone acetate
- Hydrocortisone butyrate
- Hydrocortisone probutate (hydrocortisone buteprate)
- Hydrocortisone valerate
- Methylprednisolone
- Micronized fluocinonide
- Prednicarbate
- Prednisolone
- Prednisolone acetate
- Steroid: group b
- Steroid: group d2
- Triamcinolone

When purchasing products that may come in contact with your skin, check the list of ingredients for any of the names listed above. If in doubt contact your pharmacist or physician.

*For additional information about products that might contain tixocortol-21-pivalate, go to the Household Product Database online (<http://householdproducts.nlm.nih.gov>) at the United States National Library of Medicine. These lists are brief and provide just a few examples. They are not comprehensive. Product formulations also change frequently. Read product labels carefully and talk to your doctor if you have any questions. These are general guidelines. Talk to your doctor for more specific instructions.



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For further information about contact allergies and patch testing, visit www.truetest.com